4-H HORSE MEMBER ADVANCEMENT CHECKLIST

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Personal Development Skills

- Write a news story for a local paper.
- Participate in a radio or television program.
- Invite a speaker to your club.
- Present a demonstration or illustrated talk to your club or project group.
- Present a demonstration or illustrated talk to a group other than your 4-H group.
- Host a 4-H meeting. See that everyone is welcomed and made comfortable.
- Prepare a display (pictures, clippings, objects) that can be educational or helpful in emphasizing clean air, land, or water; conserving natural resources; conserving energy; or practicing safety.
- Participate in a horse judging or identification contest.
- Attend a 4-H camp.
- Attend a county or state workshop.
- Attend a 4-H Teen Conference or Teen Forum.
- Develop and exhibit a science display related to horses.
- Explore a career associated with horses and report on that career to your project group or community club.
- Plan a fun activity for your club or project group that is separate from a regular meeting.
- Be an apprentice judge at a 4-H horse show and give oral reasons.
- Counsel younger 4-H members.
- Participate in a Horse Bowl or groom squad.
- Develop your own personal development skill with your leader's approval.

Leadership Skills

- Participate in a community service project.
- Participate in a fund-raising activity.
- Be a teen leader.
- Plan a field trip or camp-out.
- Be a camp counselor.
- Help organize a community service project.
- Identify a public need.
- Participate in an exchange program.
- Make arrangements for a field day or tour for your club or county.
- Be a clerk, chairperson, or apprentice judge at a 4-H show.
- Recruit three or more new horse members for your club.
- Help conduct a horse show.
- Help organize and conduct an educational tour or demonstration.
- Help organize and conduct a field day or judging event.
- Help a leader work with a younger member.
- Help organize and conduct a trail ride.
- Help organize a Horse Bowl.
- Help organize a Horse Skillathon.
- Organize and conduct a 4-H judging contest.
- Develop a leadership skill of your own with the approval of your leader.
# 4-H Horse Member Advancement Checklist

## STEP I

<table>
<thead>
<tr>
<th>SKILLS</th>
<th>Date Passed</th>
<th>Approved By</th>
</tr>
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### 4-H Knowledge
1. Learn the 4-H Pledge and Motto. [Blank]
2. Describe the meanings of the 4-H clover symbol and the colors, green and white. [Blank]

### Safety
3. Demonstrate how to safely approach and halter your horse/pony. [Blank]
4. Demonstrate how to safely tie your horse, using a quick release knot. [Blank]
5. Demonstrate how to safely move around your horse/pony. [Blank]

### Selecting and Judging
6. Identify and describe the breed or breed type of your horse/pony. [Blank]
7. Identify and describe the color and markings of your horse/pony. [Blank]

### Handling and Riding
8. Identify and describe the grooming tools in a grooming kit. [Blank]
9. Demonstrate the use of your grooming kit. [Blank]

### Personal Development
10. ___________________________ [Blank]
    (Refer to the personal development list.)

### Leadership
11. ___________________________ [Blank]
    (Refer to the leadership list.)

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**STEP I completed:** ___________________________ [Blank]

Approved By ___________________________ Date ___________________________
4-H Knowledge
1. Review the 4-H Record Book with your leader and parent.
2. Identify one goal for your 4-H Horse Project and write it in your Record Book.

Safety
3. Demonstrate how to safely pick up and clean the front hooves of your horse/pony.
4. Demonstrate how to safely tie a bowline knot and describe when to use it.

Selecting and Judging
5. Name six light horse breeds.
6. Name and describe six standard colors of horses.

Handling and Riding
7. Explain and demonstrate how to hold the leadline.
8. Demonstrate how to lead your horse at the walk, the trot, and turn around.

Personal Development
9. 

Leadership
10. 

STEP II completed: ___________________________  __________________

Approved By: ___________________________  Date: __________________
4-H Horse Member Advancement Checklist

STEP III

SKILLS

4-H Knowledge

1. Lead the Pledge of Allegiance and 4-H Pledge at a 4-H meeting.
2. Lead a game or song at a 4-H meeting.

Safety

3. Demonstrate how to safely pick up and clean the rear hooves of your horse/pony.
4. Demonstrate three safety precautions to take when handling your horse.

Selecting and Judging

5. Name and describe three or more facial markings of a horse.
6. Name and describe three or more leg markings of a horse.

Handling and Riding

7. Locate and name the parts of the saddle.
8. Locate and name the parts of the bridle.
9. Describe and/or demonstrate how to saddle a horse/pony.
10. Describe and/or demonstrate how to bridle a horse/pony.

Personal Development

11. """

Leadership

12. """

STEP III completed: ____________________________

Approved By ____________________________

Date ____________________________
**4-H HORSE MEMBER ADVANCEMENT CHECKLIST**

**STEP IV**

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</table>

**4-H Knowledge**

1. Read the 4-H newsletter.  
2. Attend or participate in a 4-H event beyond your own club.

**Safety**

3. Demonstrate how to safely bathe your horse/pony.  
4. Demonstrate/describe how to safely clip your horse/pony.

**Selecting and Judging**

5. Name and locate the parts of a horse.  
6. Spell and define the following horse terms: filly, colt, mare, gelding, stallion, sire, dam, conformation, equitation, hand, weanling, and yearling.

**Riding and Handling**

7. Demonstrate/describe how to mount and dismount.  
8. Demonstrate/describe how to walk and jog or trot your horse/pony in two directions.  
9. Demonstrate/describe how to stop your horse/pony.

**Feeds and Feeding**

10. Describe what you are feeding your horse and why you are using that particular feed.  
11. Use an equine weigh tape or formula to estimate the weight and height of a horse.  
12. Weigh and record your horse's feed for one day.

**Health Practices**

13. Describe 5 characteristics of a healthy horse.

**Personal Development**

14. 

**Leadership**

15. 

**STEP IV completed: ___________________________**

Approved By ___________________________ Date _____________
### 4-H Horse Member Advancement Checklist

**STEP V**

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#### Safety

1. Describe the horse’s monocular and binocular vision.  
2. Describe three things a horse does when it is afraid.  
3. Describe the horse’s natural defense.  
4. Demonstrate and describe how to clean and care for your tack.  

#### Selecting and Judging

5. Identify and explain the function of two types of bits.  

#### Riding and Handling

6. Demonstrate, on a horse under control, a method used to stop a run-away horse.  
7. Demonstrate/describe how to lope or canter your horse/pony.  
8. Demonstrate and/or describe the use of natural aids and artificial aids.  

#### Feeds and Feeding

9. Describe the similarities and differences in feeding a stalled horse versus a pastured horse.  
10. Identify two or more kinds of hay and describe their characteristics.  
11. Identify three or more kinds of grains and describe their characteristics.  

#### Health Practices

12. Describe/demonstrate how to treat minor wounds of a horse.  
13. List at least six items you should have in a first aid kit and describe their use.  
14. Explain how to recognize and treat colic, founder, and laminitis.  

#### Personal Development

15. Present a demonstration at the club or county level.  
16.  

#### Leadership

17. Be a big sister or big brother to a younger 4-H member.  
18.  

**STEP V completed:**  

Approved By  

Date
4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VI

SKILLS

Safety
1. Complete the saddling and bridling safety inspection. 
2. Demonstrate how to safely load and unload your horse/pony.

Selecting and Judging
3. Describe two good and two bad qualities of your horse/pony.
4. Spell, define, and locate the following unsoundnesses: ringbone, curb, thoroughpin, splint, sidebone, and hernia.
5. Place a group of four horses in terms of the breed ideal from the best or most ideal to the least ideal horse.

Riding and Handling
6. Execute or describe circling, serpentine, and diagonals.
7. Demonstrate and describe a turn on the haunches.
8. Demonstrate and describe how to set up your horse for a fitting and showing class.
9. Demonstrate/describe/explain the quartering system for showing in a fitting and showing class.

Feeds and Feeding
10. Explain the amount and quality of water that a horse needs under normal conditions.
11. Explain how and when you should feed and water a horse when the horse is hot.
12. Explain how to evaluate the condition of your horse. Explain how to determine when, how much, and what type of supplemental feed is needed.
13. Explain the conditions and amounts of feeds and/or additives that should be fed to the riding horse.

Health Practices
14. Identify and describe three internal and three external parasites of horses.
15. List the type of vaccinations needed to protect the horse from disease.
16. Discuss with a veterinarian how often and when the vaccinations should be given.

Careers
17. List and describe three careers in the horse industry that interest you.

Personal Development
18. Participate in a judging contest.

Leadership

STEP VI completed: ________________________________
Approved By ___________________________
Date ______________________
4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VII

SKILLS

Safety
1. Conduct a safety inspection of your barn, corral, stall, pasture, and fencing.
   Date Passed
   Approved By
2. Conduct a safety inspection of your truck and trailer.

Selecting and Judging
3. Define and explain the following judging terms: balance, smoothness, blending of parts, correctness, slope, straightness, forequarter, barrel, and rearquarter.
   Date Passed
   Approved By
4. Describe the characteristics, origin, and use of the following breeds of light horses: Thoroughbred, Standardbred, Quarter Horse, Arabian, and Morgan.
   Date Passed
   Approved By
5. Describe the characteristics of your horse.
6. Draw, identify, and label the teeth in the horse’s mouth.

Riding and Handling
7. Demonstrate and describe the correct equitation position for your style of riding.
   Date Passed
   Approved By
8. Demonstrate and describe show ring procedures, safety, and etiquette.
   Date Passed
   Approved By
9. Enter a fitting and showing class at a local show.
   Date Passed
   Approved By
10. Enter an equitation class at a local show.

Feeds and Feeding
11. Identify/label the parts of the horse’s digestive system.
    Date Passed
    Approved By
12. Identify and define the terms roughage and concentrates.
    Date Passed
    Approved By
13. Describe the differences between ruminant (cow) and nonruminant (horse).
    Date Passed
    Approved By
14. Draw and describe the digestive system of a horse and a cow.
    Date Passed
    Approved By

Health Practices
15. Describe the correct daily feeding and exercise schedule for your horse.
    Date Passed
    Approved By
16. Describe methods to prevent internal and external parasite infestation in your horse.
    Date Passed
    Approved By

Careers
17. Interview professionals employed in three careers that interest you.
    Date Passed
    Approved By

Personal Development
18. Participate in a judging contest and give oral reasons.
    Date Passed
    Approved By
19. 

Leadership
20. Be a committee chair or an officer in your 4-H club.
    Date Passed
    Approved By
21. 

STEP VII completed: ____________________________
Approved By ____________________________
Date ____________________________
4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VIII

SKILLS

Management
1. List and describe three safe and appropriate types of horse fences.
2. Define the terms overgrazing, rotational grazing, and sacrifice or holding area.
3. Explain the basic equipment and facility needs of your horse.

Selecting and Judging
4. Identify/label and explain the function of the parts of the hoof.
5. Identify four ways of traveling faults (paddling, forging, striking, and interfering).
6. Describe what to look for when identifying lameness in a horse.
7. Determine age of the horse by using the teeth as a guide.

Riding and Handling
8. Demonstrate figure-eights with simple lead changes.
9. Demonstrate backing at least four steps.
10. Demonstrate side passing in each direction.

Feeds and Feeding
11. Identify the three nutrients that provide energy for the horse.
12. Identify feeds that provide high levels of fats, carbohydrates, and proteins.

Health Practices
13. Describe under what conditions to bandage a horse leg injury.
15. Identify locations on the horse for intra-muscular injections.
16. Demonstrate the correct method/technique for administering intra-muscular injections.

Careers
17. Write to a community college, vocational school, college, or university that provides training in the careers that interest you.

Personal Development
18. Complete a basic first aid training class or course for human beings.
19. __________________________________________

Leadership
20. Assist in organizing a 4-H event at the county level.
21. __________________________________________

STEP VIII completed:__________________________________________  __________

Approved By  Date
4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IX

SKILLS

Management
1. Demonstrate and describe appropriate manure disposal and utilization methods.  
2. Describe an appropriate annual shoeing/trimming schedule for your horse.  
4. Identify appropriate pasture plant species (grasses and legumes) for horses.  
5. Identify poisonous and nonpoisonous weeds prevalent in your area.

Selecting and Judging
6. Describe specific characteristics desirable when selecting a broodmare.  
7. Judge a class of mares using the pairing technique and give oral reasons on the class.

Riding and Handling
8. Demonstrate how to longe or drive a horse.  
9. Describe and demonstrate collecting your horse.  
10. Describe the criteria used to select and purchase tack (saddles, bridles, blankets, etc.).  
11. Demonstrate forehand and rearhand pivots in both directions.  
12. Demonstrate riding your horse over ground obstacles.

Feeds and Feeding
13. Show and describe visual characteristics used when selecting quality hay.  
14. Rank and describe the energy levels of at least four different types of grain.  
15. Describe four different methods of processing feeds for horses.

Health Practices
16. Demonstrate how you would take your horse’s temperature, pulse, and respiration.  
17. Using a microscope, examine a fecal sample for parasites.  
18. Define and describe identification, care, and treatment of girth gall, stone bruise, sand crack, bowed tendon, wind puff, and splints.  
19. Describe proper care of a horse’s teeth and problems associated with horses of various ages.

Careers
20. Using the information you have found on careers, select one or two and spend a day with a person employed in that career.

Personal Development
21. 
22. 

Leadership
23. Clerk, steward, or actively participate in the management of any organized horse activity.

STEP IX completed: ___________________________  ___________________________

Approved By ___________________________  Date ___________________________