The book of Ecclesiastes is a philosophical account of the attempt to find happiness by a man who has everything. Written in the name of Kohelet son of David, King in Jerusalem, the book has traditionally been attributed to Solomon, who reigned during the golden age of Israel's united kingdom, in the tenth century B.C.E. Twelve chapters long, it is one of literature's earliest encounters between faith and reason: The author struggles to believe that life is meaningful despite his experience of the world. The book's inclusion in the Hebrew Bible is therefore remarkable, testifying to Judaism's interest not only in divine revelation, but also in man's exploration of the meaning of life and mortality.

The search for meaning is an eternal one, but the use of Solomon's voice carries special importance for the modern reader. Unlike other biblical Jewish leaders, Solomon lived in a time of unparalleled prosperity and freedom. As opposed to the quest of Job, Solomon's search for wisdom did not arise from a desire to make sense of either personal misfortune or national catastrophe. Indeed, his was a life of unrepentant indulgence: He tempted himself with wine, entertained himself with male and female performers, and amassed untold treasures and hundreds of wives and concubines.

Rather, Kohelet sets out on his inquiry from the perspective of a life replete with fortune and opportunity. He takes as his starting point not revelation, but man's personal need for meaning. In other words, Ecclesiastes is not about what God wants of us, but about what we want for ourselves. This approach may resonate especially strongly with Western readers of today, since few Westerners appreciate doing things simply because they are told, regardless of who does the telling. We moderns are thus in a unique position to identify with Kohelet's quest.
To all appearances, however, it would seem that this search is doomed from the start. Already in the opening passages, Kohelet despairs over what he sees as the futility of life's labors:

*Therefore I hated life, because the deeds that are done under the sun were depressing to me, for all is vanity and grasping for the wind. Then I hated all my work, which I work at under the sun, because I must leave it to the man who will come after me — and who knows whether he will be wise or a fool? Yet he will rule over all my work which I worked at, and contrived, under the sun . . . . This also is vanity, and a great evil* (Eccl. 2:17-21).

Kohelet is disillusioned with life because he believes it is all in vain; he abhors the idea of leaving his life's work behind for someone else to enjoy or to squander. Whereas all the great emperors and kings of old strove to achieve eternal life by erecting grand monuments to themselves, Kohelet understands that such attempts are illusory. He is therefore forced to pose the elementary question: If I die anyway, why does anything matter?

Kohelet's first word, however, is not his last. For there are numerous passages in Ecclesiastes that move in the opposite direction. They affirm, for example, the positive value of a joyful life. The same Kohelet who appears to say so often that *all is vanity* also exclaims that *there is nothing better than man rejoicing* (3:22), and that *nothing is better for man under the sun than to eat, drink, and be joyful* (8:15). Kohelet also exhorts his fellow man to Go, eat your bread with joy, drink your wine with a content mind; for God has already graced your deeds (9:7). These bold affirmations of life echo almost word for word the maxim of Solomon's days, that brief flowering of Jewish renaissance: *Judah and Israel were as numerous as the sand by the sea in multitude; eating and drinking and rejoicing* (I Kgs. 4:20). Similar verses can also be found that affirm the importance of action in this world, as well as the acquisition of wisdom — verses that do not square well with the belief that all is vanity.

Conventional interpretations of Ecclesiastes offer little help in resolving these contradictions. In taking the frustration expressed by Kohelet to its existential extreme, most commentators conclude that he rejects completely the finite nature of life, either by means of a skeptical nihilism or fatalistic moralism. As M. James Sawyer writes, according to Ecclesiastes "Man is
compelled to seek for an answer to the meaning of life. It is a task which wearies him and causes him grief and is doomed to ultimate failure." Yet any reading of the book that does not account for its affirmation of joy and wisdom misunderstands the central message of the text. For in truth, Kohelet is neither a determinist nor a nihilist. Rather, he is a profound humanist, valuing both life and the process of learning that makes it worthy of our sincerest efforts.

To be sure, Kohelet was not alone among the ancients to concern himself with the meaning of death and the quest for eternal life. Throughout much of the ancient world, rulers built monumental structures to establish their immortality. The pyramids of ancient Egypt, which aimed to project the "star" of Pharaoh into the eternal sphere of the heavens, are evidence of this. Furthermore, it was common to amass material riches – what archaeologists call "grave goods" – in the hope of transferring them to the world beyond. This practice was prevalent, for example, among the Egyptians, Sumerians, Mayans, and Chinese; indeed, like King Tutankhamun's numerous shabti and ushebti companions, the Chinese emperor Qin Shi Huang had thousands of life-size clay soldiers buried near his grave in order to ensure victory in his battles in the afterworld.

Thus Kohelet's bold opening – the assertion that such efforts are futile – constitutes the first step of an intellectual revolution. However, having rejected the notion of achieving immortality through material gains, Kohelet must seek another way. One possibility is the negation of life in favor of the world to come, represented in both the Christian and Islamic approaches to immortality by means of richly described afterworlds. The Koran, for example, emphasizes the similarity of heaven to the temporal world: "As for the righteous, they shall surely triumph. Theirs shall be gardens and vineyards, and high-bosomed maidens for companions: a truly overflowing cup." Similarly, Christian scripture includes vivid descriptions of souls in the world to come, much of which were elaborated upon by Dante in his visual descriptions of heaven and hell, and which were captured in the grandiose paintings of Hieronymus Bosch. In all these cases, the afterlife is portrayed as a concrete reality, thus ingrained in its adherents from childhood.

The religions of India and the Far East offer, instead, the idea of reincarnation. They emphasize the immortality of the soul, yet attach little significance
to the self-conscious awareness of the reincarnated individual. With the exception of certain rare enlightened beings, immortality is achieved at the expense of identity. Yet one need only look at the elaborate *Tibetan Book of the Dead* to see that the nature of the afterlife is, once again, considered concrete knowledge, and is described – and illustrated, in numerous *mandalas* – in lush detail.\(^\text{10}\)

The common denominator of all these doctrines is a detachment from life, a dismissal of material existence in favor of a radically different reality. Judaism, too, shares the idea of the afterlife; however, it is rarely the focus of Jewish practice, and the rabbinic texts avoid engaging in lengthy descriptions of it.\(^\text{11}\) By contrast, it is a central feature of the thinking found in Tibet, Mecca, and the Vatican, that by means of constant, detailed attention to the world beyond, this life becomes merely a treacherous pass leading to the next. Indeed, detachment from the world is almost the definition of true piety in some religions, many of which wholeheartedly embrace the meaninglessness of mortal existence. In these cultures, the more one seeks immortality, the more one detaches oneself from the physical world.

As a result of the prevalence of this asceticism in history, many people, including Jews, have unconsciously become accustomed to seeing everyday life as separate from spiritual existence. And since most of us embrace involvement in the real world, hoping like Kohelet to make our mark in it, we must naturally wonder whether this makes our life less meaningful. In other words, if we focus on earthly reality and worldly wisdom, are we, therefore, necessarily less close to God?

Conventional readings of Ecclesiastes suggest as much. The description of Ecclesiastes provided in the *Encyclopaedia Britannica* is a case in point: "The author examines everything – material things, wisdom, toil, wealth – and finds them unable to give meaning to life."\(^\text{12}\) And yet, this attitude is at odds not only with numerous passages in the text itself, as cited above, but also with classical Jewish beliefs about the nature of mortality. In fact, visions of the afterlife are discouraged in the biblical narrative, and God is shown to place great value on man's actions in the material world. As such, it seems unlikely that Ecclesiastes' intention is to conclude that our involvement in the world is without meaning.
If we are to make sense of this challenging text, we must read it another way. We should approach it as a text that is part of, and speaks to, a broader biblical tradition. Indeed, to the assembled Israelites of the First Temple period, Kohelet's famous opening line – "Vanity of vanities, all is vanity" – would have been instantly recognizable as an allusion to another text in their unique intellectual heritage: The story of Cain and Abel from the book of Genesis. The most important clue to the mystery of Ecclesiastes, therefore, is found in the striking reference it makes to the Bible's first book.

The central message of Ecclesiastes may be encapsulated in a single word: *Hevel*, usually translated as "vanity."\(^ {13} \) The word appears 38 times in the text, and it is clearly critical to understanding the book's message. It is most commonly understood to mean futility or meaninglessness, or the idea that anything we do is in vain. Yet Hevel is also the Hebrew name of Abel, Cain's brother, the son of Adam and Eve. Therefore we must first remind ourselves of the original text in Genesis to which Kohelet is referring. For the sake of clarity, we will render it using the Hebrew name for Abel:

> Now Adam knew Eve his wife, and she conceived and bore Cain, saying, 'I have acquired a man from the Lord.' Then she bore again, this time his brother Hevel. Now Hevel was a pastor of sheep, but Cain was a tiller of the ground. And in the process of time it came to pass that Cain brought an offering of the fruit of the ground to the Lord. Hevel also brought of the firstborn of his flock and of their fat. And the Lord heeded Hevel and his offering, but he did not heed Cain and his offering. And Cain was very angry, and his countenance fell. So the Lord said to Cain, 'Why are you angry? And why has your countenance fallen? If you better, you will transcend. And if you do not better, sin lies at the door. And its desire is toward you, and you will be its master.' Now Cain said to Hevel – and it came to pass, when they were in the field, that Cain rose up against Hevel his brother and killed him (Gen. 4:1-8).

In light of Kohelet's preoccupation with death, his reference to Abel is striking. Abel is the first human being to die. Just two verses after humankind was denied the tree of eternal life, his story becomes the embodiment of human mortality. It is in this context that we may reread the verses of Ecclesiastes: *Man sets out for his eternal abode, with mourners all around in the*
street . . . . And the dust returns to the ground as it was, and the lifebreath returns to God who bestowed it. Hevel havalim, says Kohelet. All is hevel (12:5-8).

However, Abel's representation of death is only one side of the story. He is also the first human being to offer a sacrifice that God accepts. This is no trifle. A far cry from the guilt of Adam, Eve, and Cain, all of whom were rebuked by God, Abel was the first human whom God clearly likes. Before him, we did not even know it was possible. When we read that the Lord heeded Hevel and his offering, the verb "heeded," vayisha, carries a powerful overtone of deliverance as well as acceptance. Isaiah, for example, declares, Israel shall be delivered (nosha) in the Lord, an eternal salvation (teshuat) (Isa. 45:17). Furthermore, God is deliberately accepting, or as the Hebrew connotes, "delivering," not only the offering, but Abel himself. Not until Abraham do we find such unqualified approval by God. Not until the crowning moment of Exodus, as God forged his eternal bond with the people of Israel, is the cognate word for "deliverance," yeshua, used again (Ex. 14:30).

In fact, Abel's deliverance is not restricted to that of a single person, either. Through Abel, God offers his first universal explanation of life's calling. By heeding the offering of Abel and not of Cain, God teaches humanity a fundamental law of divine justice, in his response to Cain's vexation: 'If you better, you will transcend.'15 Life is not a game of chance.

And yet, who was this man whom God affirmed? Abel's life was too short to allow for the attainment of material success. Nor can he be credited with any innovation: Even the idea of sacrifice was Cain's.16 Above all, Abel was childless. His life, therefore, left no trace. He walked without footprints.

If we translate Abel's name, hevel, as "vanity," as readers of Ecclesiastes have long been accustomed, it is impossible to reconcile the term with Abel's acceptance by God. Indeed, the story of Abel teaches the exact opposite – the possibility of salvation despite the fleeting nature of life. Precisely because of the tragic nature of Abel's interrupted life, we learn its deepest message: In turning one's life into an offering, one is not dependent on any life circumstance, or on any achievements in the material world.
Abel, moreover, carries an additional symbol that works most strongly against a pejorative reading of his name. He is, after all, the paradigmatic shepherd. This is a vivid marker to anyone familiar with the Bible's greatest heroes: Abraham, Isaac, Rachel, and Jacob, as well as Moses and David, are all shepherds. Shepherds are ever mobile, and their presence in the Bible symbolizes the idea of life as a journey, and spirituality as an ongoing quest. In fact, in Ecclesiastes and elsewhere, the image of the shepherd is extended to God, and in the Song of Songs, also attributed to Solomon, the author reserves the role of shepherd for himself. The idea of the roving shepherd has ultimately come to represent the Jewish people as a whole: When, for example, Joseph alludes to the metaphysical divide between the worldviews of Egypt and Israel, he tells his brothers that *all shepherds are abhorrent to Egyptians* (Gen. 46:34), meaning that the Egyptians disdained the spiritual freedom and "unattachment" which shepherds represent, in favor of a Cain-like materialism. The brothers, in turn, proudly tell Pharaoh, *'We your servants are shepherds, as were also our fathers'* (Gen. 47:3). Our fathers, that is, all the way back to Abel. Like the nomadic Abraham, who left behind all that he knew in Ur to establish a new nation in Canaan, our self-identity as a nation of shepherds symbolizes our dynamic historic mission. As such, Abel is the forerunner of this spiritual lineage, and his transient life the inspiration for all those on a quest for enlightenment.¹⁷

A better reading of *hevel*, then, and one that provides us with an extremely important tool for understanding both Genesis and Ecclesiastes, takes us back to the root meaning of the word: *Vapor* or *mist*. What is important about the life of Abel is not its futility, but its transience. It was as fleeting as a puff of air, yet his life's calling was nonetheless fulfilled.¹⁸

This, too, is the meaning of *hevel* in Ecclesiastes: Not the dismissive "vanity," but the more objective "transience," referring strictly to mortality and the fleeting nature of human life.¹⁹ *Fleeting transience* (*hevel havalim*), says Kohelet, *All is fleeting* (12:8). Or, read another way: Abel is every man. Without the negative connotations of "vanity," we discover in Kohelet a man who is tormented not by the meaninglessness of life, but by how swiftly it comes to an end. Life is gone so very quickly, and likewise man's worldly deeds. We now understand the significance of Kohelet's opening proclamation that "all is *hevel*." He seeks to confront his listeners with man's own
mortality – the underlying premise of any inquiry into the meaning of life in this world.\textsuperscript{20}

NOTES
The author wishes to express his deep gratitude to Professor Menachem Fisch, who opened that door so many years ago.

1. For the purpose of this essay, it is of little significance whether or not the historical King Solomon actually wrote the work of Ecclesiastes. It is clear both from the opening verse and from numerous other examples that its author intended it to be read as a statement of Solomon's wisdom.

2. All verse translations are mine, based on the New King James Version.

3. Although mistaking \textit{hevel} for "emptiness," Rami Shapiro fleshes out the pro-joy theme in his \textit{The Way of Solomon: Finding Joy and Contentment in the Wisdom of Ecclesiastes} (San Francisco: Harper, 2000). Other scholars have also alluded to this theme, albeit sporadically; see, for example, Daniel C. Fredericks, who writes of Kohelet's "timely laughter, dancing and embracing, and love and peace," in \textit{Coping with Transience: Ecclesiastes on Brevity in Life} (Sheffield: JSOT, 1993), p. 68.


5. Indeed, the Talmud tells us how the rabbis considered suppressing the entire book as a result of its apparent inner contradictions (Shabbat 30b).


14. The word \textit{hevel}, moreover, resembles a number of Hebrew roots clearly dealing with demise over time: \textit{And we all do wither} (navel) as a leaf (Isa. 64:5); \textit{They shall perish . . . all of them shall wear out} (yivlu)... \textit{and they shall pass} (Ps. 102:27); \textit{And your dead shall live; corpses} (nevelati) \textit{shall arise . . .} (Isa. 26:19). This root, moreover, finds cognates in Old South Arabian, where \textit{blwr} is "grave"; the Ugaritic \textit{bly} and the Ethiopic \textit{balya} ("to be consumed"); and the Akkadian \textit{balu} ("to fade, pass away"). Cf. Cyrus H. Gordon, \textit{Ugaritic Textbook}, entry No. 471; ZAW 75:307; Ludwig Koehler and Walter Baumgartner, \textit{The Hebrew and Aramaic Lexicon of the Old Testament} (Boston: Brill, 2001) p. 132.
15. Cf. Numbers 6:26. This teaching, it should be noted, rejects the pagan view of a mechanistic element to worship and sacrifice, according to which humans manipulate the gods through ritual, independent of their purity of intentions.

16. Abel, however, might very well have been the first to take a life: Whereas Cain's sacrifice was a portion of his harvest, Abel's was an animal. In light of the questions of life and death that pervade his story, this fact takes on new meaning. In sacrificing an animal's life, Abel ascertained a higher value: Something for which it is worth forfeiting a life.

17. Indeed, the thread runs through Genesis 4:25-26: And Adam knew his wife again, and she bore a son and named him Seth, 'For God has appointed another seed for me instead of Hevel, whom Cain killed.' And as for Seth, to him also a son was born; and he named him Enosh; then [man] began to call on the name of the Lord . . . . The very next person to call on the name of the Lord was Abraham (Gen. 13:4), further solidifying the link between Abel and the Jewish people.

18. Translations of hevel as "fleeting" have appeared in the past. Notably, the Jewish Publication Society Bible – as opposed to the Artscroll and Judaica Press renditions – translates verse 11:10 as youth and black hair are fleeting. The Jewish Publication Society version, in fact, goes even further, substituting "fleeting" for the appearances of hevel in 6:12 and 9:9. However, these are clearly exceptions resulting from the misreading of re'ut ruah, and not the consistent rule. See note 29 below.

Furthermore, Christian readings have referred to the etymological root of the word, whose meaning is close to that of vapor or steam, in an effort to explain the source of Ecclesiastes' hevel as a metaphor for the insubstantial: Daniel Lys calls it the "present but evanescent." Lys, Ecclesiastes, or What is Life Worth? Translation, General Introduction, and Commentary on 1/1 to 4/3 (Paris: Letouzey, 1977) pp. 75, 275. A. Heler (7:6) calls hevel "all that is doomed, by its very essence, to disappear." [French] Notes on Kohelet (Paris, 1951) p. 72 [French]; and Jean-Luc Marion determines the word to mean "all that is can dissipate," then explains in the context of this discussion that "man finds himself carried away by the breath of his own defeat." Cited in Jean-Luc Marion, God Without Being, trans. Thomas A. Carlson (Chicago: University of Chicago, 1991) pp. 125-126.

All of these readings, however, while understanding hevel to mean the transient nature of vapor, still see the borrowed use as implying worthlessness, or vanity, rather than the objective, non-pejorative, fleeting reality of mortal life. Some scholars use "transience" in some verses but not in others (as is the case in the IPS Bible). These include Douglas B. Miller, in his Symbol and Rhetoric in Ecclesiastes: The Place of Hevel in Kohelet's Work (Leiden: Brill, 2002) p. 180, who concludes that "some aspects of human existence, even humans themselves, are insubstantial, while other things are transient, and others are foul." The admirable exception is found in Daniel C. Fredericks' treatise, Coping with Transience, in which he notes correctly the presence of ephemeral efforts, passing pleasures, and transient tragedies, while insisting on linguistic and symbolic consistency throughout Ecclesiastes. But even here, as is evident from the title, transience is viewed as innately problematic: It is, according to Fredericks, part of "a cursed world." Fredericks, Coping with Transience, p. 11. This becomes evident in the tone of his conclusion as well: Kohelet "also depends heavily on joy of work, even strenuous labor, to counterbalance the pains of a fleeting world which consists only as moments." Fredericks, Coping with Transience, p. 97. What is missing in Fredericks' analysis is the awareness of Kohelet's existential revolution
that is, Fredericks does not concede the fact of an all-encompassing transience as the positive message – and the intellectual development within the book that eventually embraces the fleeting nature of pain, suffering, evil, and even death itself. At the opposite pole we find Rami Shapiro, who turns transience into the be-all and end-all of existence. Though there is much to respect in his radical Taoist reading of Ecclesiastes, which correctly integrates core insights in the book ("Nothing lasts, Solomon tells us, and that is the most liberating truth of all," p. 119), he lacks the linguistic proficiency to decode its systematic terminology, hence missing Kohelet's rationalistic metaphysics. Shapiro asserts that the literal meaning of hevel ("breath," in his view) connotes the "fleeting, ephemeral, impermanent" (p. 96), but he then takes the leap to seeing hevel as a metaphoric signifier of a greater Taoist idea of "emptiness." Thus, even Kohelet's first encounters with transience, explicitly causing him to hate life (Ecclesiastes 2:17), are colored by Shapiro with detached contemplativeness ("how foolish this quest for permanence"; p. 27). Indeed, "emptiness" implies "empty of permanence" (p. 2), but, for Shapiro, it encompasses a much more radical negation of an eternal "self," creation, God's judgment, and ultimately wisdom as the crux of redemption. All in all, Shapiro's imaginative rendering is too deliberately loose, with respect to the Hebrew, to be of concrete interpretive use.

Nevertheless, both Fredericks and Shapiro offer landmark steps in rescuing Ecclesiastes from sixteen centuries of misreading. I believe that a sensitive, intertextual biblical approach, as well as a structured approach towards Ecclesiastes' take on natural philosophy (in dialogue with other, pre-Socratic elemental cosmologies), constitutes the golden path that balances both their readings in search of Ecclesiastes' straightforward, original intent.

19. In objecting to this value-neutral definition of hevel, the most common claim is the repeated use of the phrase "hevel and re'ut ruah," which is traditionally translated as "vanity and (the innately futile) pursuit of wind." However, this treatment of re'ut ruah (a term unique to Ecclesiastes) misreads the original Hebrew at least as much as does the translation of hevel as "vanity." Scholars are in agreement about rejecting the old notion of re'ut as "vexation of spirit," in favor of translations that see re'ut as a reflex of ra'ah. Nonetheless, the continuing misconception misses the core meaning of this precise root-verb, "to meander"; feeding, grazing, and herding are secondary transpositions. Critically, the Hebrew root ra'ah does not imply gathering, chasing, or herding-in; rather, it connotes the typical (outward-bound) movement of grazing over pasturelands. This is why the verb can easily apply to the roaming of a single animal, with no flock or shepherd about (cf. Genesis 41:1-2; Song of Songs 4:5, 6:2). Similarly, it applies where no feeding is involved (cf. Numbers 14:33). Hence, even if we knew no more than this, re'ut is to be understood as a fleeting movement of wind, or air, such as a gust or a breeze. This is cognate to tir'eh-ruah in Jeremiah 22:22 ("a puff of wind," or "scattered by the wind"). Thus, a close approximation of the phrase hevel u're'ut ruah, would be "vapor and a stirring of air," or "vapor and a puff of wind." In this light, the entire idiom stresses transient phenomena, of no material value. However, the etymology of re'ut itself may give us a clue to uncovering its original connotation; for its Semitic root had an additional meaning, one with a close affinity to the word "vapor." While the Hebrew language lost this variant, it survives to this day in Arabic: The Arabic root of r-gh-w, as in the noun ragha – froth or foam and the verb ragha – to froth. Like vapor, it is a potent metaphor of fleeting, passing phenomena. Froth and foam, of course, are made of air, which in the biblical Hebrew is always ruah, bringing us back again to Ecclesiastes idiom,
hevel ure’ut ruah which we may now render: Vapor and froth (cf. Shakespeare, The Rape of Lucrece: "What win I if I gain the thing I seek? A dream, a breath, a froth of fleeting joy").

This also helps us to understand Ecclesiastes 4:6, where re’ut ruah is depicted as something that, figuratively, one can grab "handfuls" of, albeit without much gain; of course, one cannot grab a "pursuit of" anything in one's hand. Moreover, the two parts of the idiom, vapor and froth, become nouns corresponding to two physical entities (re’ut ruah as object rather than action). As a result, the entire phrase, hevel u’re’ut ruah, constitutes a uniform, objective, double-metaphor about the factual transience of human life and worldly achievements.

Finally, it is difficult to ignore the striking similarity between Abel the shepherd (hevel ro’eh, Genesis 4:2), and the form of hevel u’re’ut: Just as Kohelet succeeded in bringing Abel's mortality to mind with the simile of vapor, so, too, "froth" (or "gust") recalls the core characteristic of Abel's impermanent life.

20. Note that the Greek term in the Septuagint from which the Latin vanitas derives has the alternative meaning of "transitory" or "illusory," in addition to that of "empty" or "pointless." This ambiguity is likely the source of the word’s erroneous use in later interpretations.